

3D PRINTING - TECHNICAL REVOLUTION

Print body parts, engineering prototypes

3-D printing has introduced a technical revolution, it allows engineering prototypes to be produced rapidly and inexpensively. The science fiction of producing human body parts is becoming a reality.

3D Printing - Basic principles

If the paper feed in your ink jet printer ever got stuck, you saw the same line being printed over and over as the drying ink built up. That in essence is the principle of 3D printing. In normal ink-jet printing, the 2D (two dimensional) printing program steers the printing nozzle from right to left and instructs the deposition of ink droplets to form a line of drawing or of text. When the paper advances the width of the line, the next pass of the nozzle deposits a slightly different pattern. Thus line by line the complete text or the drawing is formed. After the whole page has been printed, a new sheet of paper is inserted and a new text or a new drawing is created

In 3D printing, after the first layer has been completed, either the vertical position of the nozzle is raised at least 0.1mm (0.004 inch), which is equal to the thickness of good quality paper, or the supporting table is lowered an equivalent amount, and the process is repeated. In order to build an object the controlling drawing for each layer changes very slightly.

Look at the third slide in the slide show - http://biega.com/3d_print.pps. It shows how a coffee mug would be made with 3D printing. Special CAD (Computer Aided Design) software produces a series of drawings of cross-section slices of the mug, each corresponding to one layer of the printing process. For a 4 inch tall mug up to a 1000 such layers are required. After completion a curing (hardening) process for the plastic may be required. If the layers are thicker, the printing time is shorter, but smoothing and polishing will be needed.

A laser scanner may be used to develop the software to copy an existing object, for example to produce spare parts for an obsolete machine.

Typical standard manufacturing methods are *subtractive*, that is material is removed from a base form by machining with a lathe, with a drill, by cutting, planing or broaching. By contrast 3D-printing is an *additive process*, because material is added, layer by layer.

Initially 3D printers were very expensive, as much as \$500,000. Now, in 2013, printers capable of printing small objects are available for around \$2000, for example *Replicator 2* from MakerBot. Hobbyists may buy Do-it-yourself kits for a few hundred dollars.

There are three basic methods of 3D printing:

FDM - Fused Deposition Molding

Also called FFF - Fast Filament Fabrication - it is the simplest method, thermoplastic material deposited through heated nozzle steered by the design program. It was invented in 1988 by Scott Crump who established Stratasys, Ltd. to produce printing machines using this technology.

Materials. This technology uses primarily thermoplastic or polycarbonate materials supplied in spools of thread that are fed into the printing nozzle.

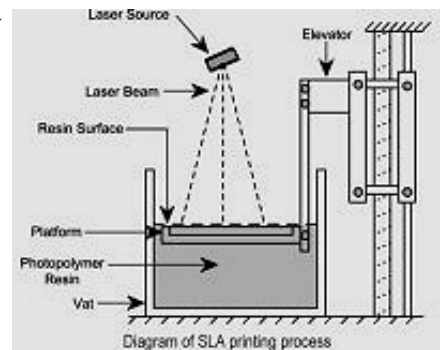


turbine prototype

SLA - Stereolithography

In a thin layer of liquid photopolymers, the design is solidified by a ultraviolet laser beam steered by the design program, see the illustration above. The unsolidified resin is reused. It was invented in 1984 by Charles Hull who established the company 3D Systems to develop printing machines and the technology.

Materials. Photopolymer resins that are cured with ultraviolet radiation, such as ABS (Acrylonitrile butadiene styrene) supplied as liquids.



SLS - Selective Laser Sintering

A thin layer of fine powder is deposited, then solidified (sintered) by a high energy pulsed laser beam steered by the design program. The unused powder serves as a support for the object being built, then is reused. It was invented in 1986 by Dr. Carl Deckard at the University of Texas, under grant from DARPA (Defense Advanced Research Projects Agency). The DTM Corporation that was established to develop this technology, was acquired in 2001 by 3D Systems.

Materials. Fine powders of many metals, including titanium, gold, silver; also glass and ceramics.

APPLICATIONS

- **INDUSTRY** - Fast prototyping of new designs for testing small quantity production runs, example: spare parts for obsolete models. Fabricating molds, quickly at low cost.
- **ENTERTAINMENT** - Producing sets and various objects for stage, film and TV. Custom built toys in small quantities.
- **ART** - Producing three dimensional objects that would otherwise be almost impossible, including unusual jewelry.

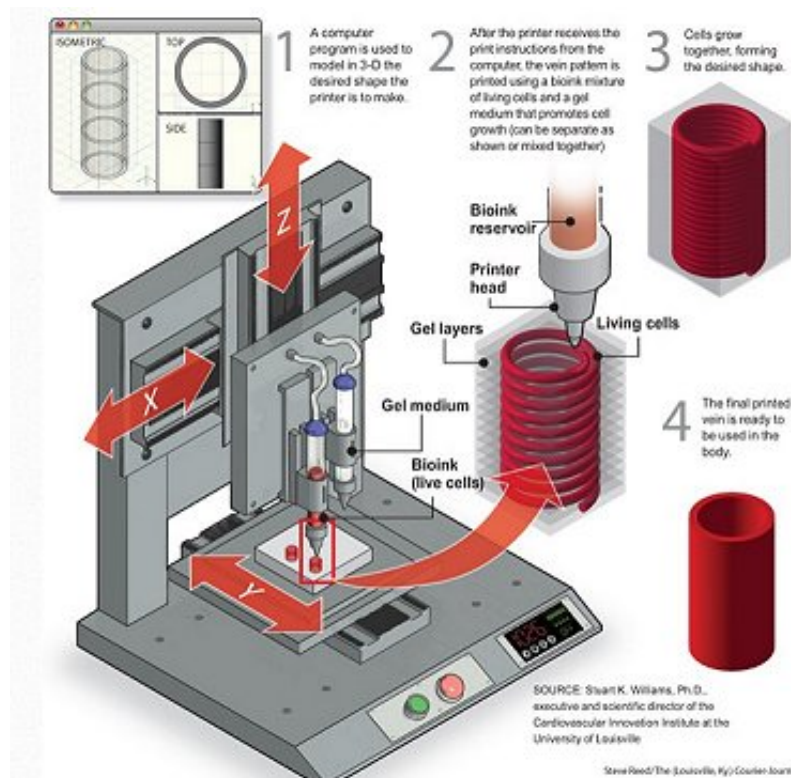


- **ARCHITECTURE** - Making models directly from drawings.
- **RESEARCH** - Building models that are easily modified for testing. See [3d printed airplane that flies.](#)
- **MEDICINE** - Developing tissues and structures from individual's own cells.

SCIENCE FICTION BECOMING REALITY

Printing human body parts

For more than half a century, the [Wake Forest Medical Center](#), in Winston-Salem, NC, has been carrying out innovative medical research. Dr. Anthony Atala, director of the Wake Forest Institute for Regenerative Medicine, recognized the possibilities of utilizing 3D printing to build human tissue and body parts. A urinary bladder membrane printed from a bio-degradable material, then coated with the patient's own bladder cells, After the initial cells had multiplied and become a new bladder, it was successfully implanted ten years ago. Since then several more perforated bladders have been repaired the same way. There is no danger of rejection because the patient's own bladder cells are used to grow a new bladder tissue.



This drawing illustrates how a vein may be printed using a patient's own cells. Droplets containing hundreds of cells are injected through the printer nozzle, supported by a gel which later dissolves. Human cells naturally bond together.

Printed jaw bones, cheek bones, prosthetic limbs, even a part of a skull, have all been successfully used to help patients suffering severe damage, whether because of accidents or sickness. Most recently, at the University of Michigan, a baby was unable to breathe because its windpipe was collapsing. A splint was

printed and inserted into the windpipe. Now several months later the baby is breathing and growing normally.

Organovo. Ltd, San Diego, is building bio-printers for universities (and Wake Forest) and also conducting research on printing human tissues including replacement skin for burn victims.

Presently there is a severe shortage of replacement organs such as kidneys, livers and hearts. Frequently donated organs are rejected and discarded. Wake Forest Institute for Regenerative Medicine has printed a miniature kidney that is functioning correctly.

Dr. Atala hopes that within his lifetime, it will become a reality that, replacement organs printed using the patient's own cells will be successfully developed and implanted into human beings.

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